

THINGS GETTING YOU
DOWN?



...GET THE
HELP
YOU NEED

The Women Making Changes team can support you practically & emotionally.



ARE YOU...?



Finding it hard to make ends meet?

Sofa surfing or staying with friends?

Struggling to keep your rented home?

In rent arrears or having tenancy issues?

Worried about the money you owe?

Needing more confidence to tackle your worries

We provide information, advice & support to enable you to make choices and decisions about your future.



**Call in or phone us
tel: 01422 386 502**

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