

my (gendered) day

women centred ways of working on Connecting Opportunities

Aim

This exercise can have multiple learning outputs based on the level of English proficiency of the learners/class. The learners with lower levels of English can practice vocabulary (writing, reading, speaking, listening) connected to activities in different times of their days.

The learners with more advanced vocabulary can develop this further and also explore differences in content of the exercise as suggested below.

Original resource

the activity stems from Reflect for ESOL Resource Pack: <https://www.skillsforlifenet.com/article/reflect-for-esol-resource-pack/964> (the PDF is downloadable).

The timetable activity is included in Family section of the pack – pp 33-36

1) times of the day before and after

- learners can compare how (whether) their days were different before they moved to the UK and now that they live in the UK
- this will show similarities and differences between day patterns
- depending on their level of English learners/ participants can talk about tasks and activities they do in simple sentences (e.g. In the morning I brush my teeth, wash my face and have breakfast.)
- they can consider how the routines are different/similar
- and what the challenges of changes are

2) times of the day of 2 people

- learners can compare 2 people in their family – partner, an adult and a child, siblings
- this ways of doing the activity offers a comparison of different members of household, how they spent their time
- depending on their English level, participants can do simple comparisons and statements
- they can also think about which of the activities happen in the house and which happen outside, which are paid and unpaid and who does what

3) my times of the day

- participant can learn/advance vocabulary about routines this way
- if done in the group, people can talk about their timetable and see what others have written
- this can also help to identify when might be a good time to do wellbeing/self-care activities when we talk about mental health and wellbeing

4) additional questions suggested by the resource pack

- What do you do during the day?
- What activities are you expected to do?
- How are these activities different for boys, girls, parents and by age (or any other categories)?
- Which activities are social?
- Which activities do you enjoy most (and why)?
- Which activities do you least enjoy (and why)?
- How has your daily routine changed since your arrival in the UK?
- How were/are/have the changes been for other members of your family?