

Get in Touch

To find out more about any service you are interested in, or to make a referral for yourself or someone else, you can call, email or visit our websites.

The Kirklees Mental Health Partnership aims to work together better to:

- Improve community mental health services for people and with people
- Ensure services are accessible to all
- Increase positive outcomes for people in our services
- Enable and create independence and resilience
- Increase prevention and early intervention work



WORKING TOGETHER BETTER

Are you looking for mental health and wellbeing support in Kirklees?

We are the commissioned, Community Adult Mental Health service providers from the voluntary sector, working together to provide a better mental health service in Kirklees.





Community Links - CLEAR Service

The Community Links Engagement and Recovery Service (CLEAR) supports people in Kirklees with a range of mental health needs, including dementia, to reach their goals and aspirations. We offer dynamic, collaborative and innovative groups designed to build confidence, connections and resilience. We support wellbeing by creating inclusive opportunities to develop self-help skills, always keeping individual choice at the forefront of recovery.

Tel: 01484 519097 or 01924 465054

Email: clear.huddersfield@commlinks.co.uk

or clear.dewsbury@commlinks.co.uk

Website: www.commlinks.co.uk



Richmond Fellowship - Kirklees Employment Service

We support people in finding meaningful paid employment, volunteering opportunities, education or training, and retaining employment. We're here to encourage and develop the skills needed to manage individuals' mental health as they move towards vocational goals. Our service is available to adults living in Kirklees, and who live with mental ill health, autistic spectrum conditions and/or with other hidden impairments, or early onset dementia.

Tel: 01484 434866

Email: info.kirkleesES@richmondfellowship.org.uk

Website: www.rfkirkleesemployment.org.uk



hoot creative arts

hoot offers free creative activities to help people to look after their mental health and wellbeing. Activities available include music, creative writing, singing, visual art, digital music and opportunities to perform and exhibit. No experience is needed, and people can join at any time. We also offer a specialist programme of creative activities for people with dementia. Activities run in Huddersfield, Dewsbury and Batley.

Tel: 01484 516224

Email: info@hootcreativearts.co.uk

Website: www.hootcreativearts.co.uk



Cloverleaf Advocacy – Carers Count Service

Carers Count supports unpaid carers across Kirklees whose loved ones have mental health needs or are using drugs/alcohol or both. We provide 1:1 emotional support, information and advice, peer support groups and wellbeing sessions and even short carer breaks. We are also able to offer free, independent advocacy support to help carers find their voice.

Tel: 0300 012 0231

Email: info@carerscount.org.uk

Website: www.carerscount.org.uk



WomenCentre - Women's Mental Health and Wellbeing Service

We provide safe women-only spaces in both North and South Kirklees, offering drop-in sessions, counselling, therapeutic 1:1 support, and self help groups in the following areas: confidence building, mothers apart from children, refugee & migration support, LBTQ, relationships, eating distress, post-natal support; quitting smoking; music/movement therapy, walking and nature wisdom. We recognise life experiences and skills as assets and offer opportunities to 'give back' and get more involved.

Tel: 01484 450866 or 07590 445846

Email: wmh@womencentre.org.uk

Website: www.womencentre.org.uk



Support to Recovery (S2R) and The Great Outdoors Project

Provide opportunities for adults to engage in activities connected to the natural environment such as; allotments, conservation tasks, bushcraft and beekeeping, along with seasonal activities. Delivered in small group settings to improve emotional and physical wellbeing, reduce anxiety and promote social connections, our activities take place at our Create Space building in Huddersfield and at various locations across North and South Kirklees. You will also have opportunities to contribute your ideas and skills to help us shape our service for the future.

Tel: 01484 539531

Email: contact@s2r.org.uk

Website: www.s2r.org.uk



Touchstone - ASK 4 Advocacy and Peer Support Service

Provides statutory and non-statutory advocacy for Kirklees. This includes Mental Health, Mental Capacity, Health Complaints, Care Act, General, Community Mental Health and Parents advocacy. We support people to have their voices heard and their rights upheld. Group advocacy includes the Kirklees Autism Group and the Group Advocacy Project (GAP). We also deliver the Peer Support Service to help vulnerable people access services to maintain their independence and recovery.

Tel: 01924 460211

Email: advocacy@touchstonesupport.org.uk

Website: www.touchstonesupport.org.uk