



Women's Mental Health & Wellbeing Service

We provide safe, trusted and supportive women-only spaces in both North and South Kirklees, for women experiencing difficulties with their mental health and wanting to maintain their wellbeing. All our activities are provided by women, for and with women.

At the core of all our services is the concept that each woman leads the way out of her presenting difficulties with resources, facilitation and support provided by WomenCentre.

We take an holistic approach to women's lives and their mental health and emotional wellbeing.

Our groups and courses are co-facilitated by workers and volunteers and aim to increase confidence, self-esteem, reduce anxiety and isolation, support recovery from domestic abuse, after grief and loss and develop healthy relationships. We also have specialist support for mothers living apart from their children, refugees and migrants and LGBTQ+

We also offer activity based groups including singing, sewing and knitting, art and craft, reading and walking.

In addition to this, we offer three drop in sessions per week where women new to the service can find out more about what we offer and book an appointment for an initial meeting.

The drop-ins also provide a space where women can access support on a regular or occasional basis as their needs require, including referral on to other mental health providers where appropriate.

IT Facilitator – (WFH or from Dewsbury Office on Wednesday & Kirklees)

Purpose of the Role

To write and create articles for the quarterly newsletter that is published throughout Kirklees and helps give people a voice and an opportunity to

The role would require attending weekly Your Voice in Kirklees Zoom meetings from home and to liaise with colleagues at WomenCentre to seek out what has been going on at the Centre.

Roles and Responsibilities

1. To attend weekly Zoom meetings, Wednesday 12.30 – 13.30pm.
2. To liaise with WomenCentre to keep abreast with what is happening.
3. To take pictures and write articles about what has been happening at WomenCentre.
4. To liaise with the YViK team to ensure articles are uploaded on Canva before deadlines set.
5. To remain professional at all times and within the confines of WomenCentre boundaries and confidentiality.

NB: This position is open to women only (Equality Act 2010, Schedule 9, Part 1 applies)